



Summer Fun Starts Here! July—August 2024

WATER SPORTS—APRD: Ages 8-12

This course is about fun and exposure to all things water sports! Students learn about water safety through multiple water activities. Students may participate in paddle boarding, kayaking, introductory sailing, and other on water activities! Course content will vary based on weather and participant experience. *(Anacortes Parks & Recreation)*

Adult LEARN TO SAIL—ARPD

Students learn fundamentals of sailing with an emphasis on safety on the water. By the end of the course, adults will be comfortable with rigging and handling a small sailboat. They will become familiar with terminology, basic knots and theories and have skills needed to check out a boat at AWA summer kiosk. Double handed sailboats will be used. Should be comfortable swimming and being on the water. *(Anacortes Parks & Recreation)*



Beginner LEARN TO SAIL: Ages 9-13

Students learn fundamentals of sailing with an emphasis on safety on the water. By the end of the course, students will be comfortable with rigging and handling a small sailboat. They will become familiar with terminology, basic knots and theories. Sailboats used will be singlehanded RS Tera Dinghies.

Learn More Here:



Intermediate LEARN to SAIL: Ages 10-14

Students build on skills learned in the Beginner Learn to Sail course. This course reviews fundamentals and safety of dinghy sailing (small boat sailing), terminology and knot tying. Sailors will continue to advance boat handling skills with sailing drills. Sailboats used will be singlehanded RS Tera Dinghies.

INTRODUCTION TO RACING: High School & Middle School Racers

This course is geared towards sailors who have attended the Beginner and Intermediate courses and are ready to take their sailing skills to the next levels. Sailors will develop their understanding of sailing theory, sail trim, and crew communication in single and double handed sailboats. An emphasis will be on preparing sailors to participate in the Seahawk Sailing Team Fall and Spring programs. Sailboats used will be singlehanded RS Teras, Lasers, double handed Lidos or FJs.

Water Safety Swim Tests (Required for all Youth participants)

Youth participants must pass a swim test at Fidalgo Pool prior to participating in any AWA sailing classes. During the pool session students will have their life jackets checked for proper fit and students will be tested on swimming, floating and other water safety skills.

